

## LAKE ERIE SWIMMING 2004 LONG COURSE CHAMPIONSHIP TIME STANDARDS

Girls		Boys				
Short Course Yards	Short Course Meters	Long Course Meters	Event	Long Course Meters	Short Course Meters	Short Course Yards
			<b>10 &amp; Under</b>			
			50 Free			
1:31.99	1:41.59	1:43.99	100 Free	1:42.59	1:40.99	1:30.98
2:36.39	2:52.79	2:59.89	200 Free	3:00.39	2:57.19	2:39.63
8:30.49 (500)	5:57.39	6:09.69	400 Free	6:07.79	6:01.39	6:50.73 (500)
			50 Back			
1:45.69	1:56.79	2:02.49	100 Back	2:00.49	1:59.29	1:47.47
			50 Breast			
1:59.99	2:12.59	2:18.19	100 Breast	2:16.59	2:14.59	2:01.25
			50 Fly			
1:57.49	2:09.79	2:13.69	100 Fly	2:12.79	2:11.39	1:58.37
2:55.99	3:14.49	3:20.59	200 IM	3:21.89	3:18.69	2:59.00
			<b>11-12</b>			
			50 Free			
1:15.99	1:23.99	1:26.49	100 Free	1:25.09	1:23.49	1:15.22
2:20.19	2:34.89	2:39.69	200 Free	2:38.49	2:35.29	2:19.90
6:09.29 (500)	5:23.19	5:32.39	400 Free	5:31.89	5:25.49	6:09.70 (500)
			50 Back			
1:28.89	1:38.29	1:42.39	100 Back	1:39.29	1:35.79	1:26.69
2:45.79	3:03.19	3:09.59	200 Back	3:08.59	3:06.19	2:47.74
			50 Breast			
1:36.39	1:46.59	1:49.99	100 Breast	1:50.79	1:45.99	1:35.99
3:06.19	3:25.79	3:31.69	200 Breast	3:30.69	3:26.69	3:06.21
			50 Fly			
1:28.19	1:37.39	1:39.99	100 Fly	1:39.19	1:37.79	1:28.10
2:44.69	3:01.99	3:07.89	200 Fly	3:06.89	3:04.09	2:45.85
2:38.89	2:55.59	3:00.19	200 IM	2:59.79		

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Girls		Boys				
Short Course Yards	Short Course Meters	Long Course Meters	Event	Long Course Meters	Short Course Meters	Short Course Yards
			<b>13-14</b>			
			50 Free			
1:12.99	1:20.69	1:23.29	100 Free	1:17.69	1:14.79	1:07.69
2:14.19	2:28.29	2:32.59	200 Free	2:27.99	2:24.79	2:10.44
5:52.99 (500)	5:08.89	5:16.59	400 Free	5:06.29	4:59.89	5:04.45 (500)
12:07.59 (1000)	10:36.79	10:47.99	800 Free	10:31.29	10:15.99	11:43.89 (1000)
20:12.19 (1650)	20:05.09	20:39.79	1500 Free	20:14.39	19:32.59	19:39.49 (1650)
1:21.39	1:29.89	1:33.89	100 Back	1:29.89	1:28.59	1:19.90
2:29.69	2:45.39	2:51.99	200 Back	2:42.99	2:40.59	2:24.68
1:30.99	1:40.59	1:43.99	100 Breast	1:38.49	1:36.49	1:26.93
2:47.99	3:05.69	3:11.99	200 Breast	3:02.39	2:52.69	2:36.29
1:19.79	1:28.19	1:30.59	100 Fly	1:25.79	1:24.39	1:16.03
2:28.59	2:44.19	2:49.59	200 Fly	2:41.59	2:37.19	2:22.29
2:31.49	2:47.39	2:52.39	200 IM	2:44.59	2:37.49	2:22.49
5:20.19	5:53.79	6:03.19	400 IM	5:46.79	5:34.69	5:02.89
			<b>Open</b>			
			50 Free			
1:11.69	1:19.19	1:21.79	100 Free	1:14.79	1:11.39	1:04.59
2:12.49	2:26.39	2:29.39	200 Free	2:19.19	2:13.49	2:00.79
5:49.89 (500)	5:06.29	5:12.89	400 Free	4:53.29	4:44.69	5:25.29 (500)
11:55.89 (1000)	10:26.49	10:41.89	800 Free	10:04.59	9:48.29	11:12.19 (1000)
19:58.89 (1650)	19:51.99	20:28.49	1500 Free	19:22.99	18:41.39	18:47.99 (1650)
1:19.49	1:27.79	1:31.79	100 Back	1:23.99	1:19.69	1:12.09
2:26.59	2:41.99	2:47.59	200 Back	2:34.89	2:26.59	2:12.69
1:31.61	1:41.69	1:43.69	100 Breast	1:33.99	1:29.19	1:20.69
2:48.01	3:06.49	3:10.49	200 Breast	2:54.29	2:45.89	2:30.09
1:18.49	1:26.69	1:28.79	100 Fly	1:20.59	1:18.39	1:10.89
2:27.29	2:42.79	2:44.69	200 Fly	2:32.19	2:28.69	2:14.59
2:28.59	2:44.09	2:48.09	200 IM	2:37.19	2:29.89	2:15.69
5:17.47	5:52.39	5:58.79	400 IM	5:29.99	5:19.49	4:49.09