

2006 Jim Scullion Meet
Sponsored by
Lakewood Recreation Swim Team
January 7&8, 2006
Held under USA Swimming Sanction # LE513S

LOCATION: Lakewood High School Pool, 14100 Franklin Blvd., Lakewood, Oh. 44107

POOL: 25 yards by 8 lanes, indoor pool, locker rooms, grandstand seating, Colorado timing system and scoreboard. Concessions will be available. Parking is located on Franklin Blvd. across from Lakewood High School.

STARTING TIMES: Both Saturday and Sunday morning and afternoon sessions: 8 & under warm-up will be 7:30 AM-8:00 AM: 9-10 warm-up will be 8:00 AM-8:30 AM, with competition starting at 8:40 a.m. Afternoon warm-up will begin 15 minutes after the conclusion of the morning session. 11-12 warm-ups will be for the first half hour: 13 & over will warm-up the second half hour. Continuous warm-up will be available in the diving well after completion of warm-up period. Afternoon start times will be posted at Lakeerieswimming.com by Wednesday, January 4, 2006.

ENTRY DEADLINE: The due date for entries, electronic or otherwise, is Wednesday, December 28, 2005. The meet will be closed before the entry deadline if the sessions are estimated to be at four hours, so mail early. The host team reserves the right to limit the number of heats in events of 400 yards and over (see conduct). Times may be upgraded until the entry deadline. Events and swimmers may be added until the entry deadline or the meet is closed whichever is first. Phone entries will not be accepted. Hard copy, meet summary sheet and check must be received by Wednesday December 28, 2005. Late or incomplete entries will be rejected. Mail entries to Walt Moran, 1059 Abbieshire Ave., Lakewood, Oh. 44107 or e-mail entries to lrstentry@sbcglobal.net.

ENTRY FEES: Individual events \$3.00; Relays: \$7.00; plus a \$2.00 per swimmer LESI surcharge. There is a \$1.00/swimmer handling fee for entries not furnished in an electronic file. Make checks payable to Lakewood Board of Education.

ENTRY LIMITATIONS: Swimmers may enter up to 4 individual events/day, exclusive of relays.

DECK ENTRIES: Deck entries will be accepted on a space available basis only, and will be seeded at No Time. Deck entries will be taken up to 35 minutes prior to the start of each session. Cost of deck entries is \$6.00 per individual event, \$14.00 per relay event. Deck entry swimmers new to meet will be charged \$2.00 LESI surcharge and must provide proof of USA Swimming registration.

ELIGIBILITY: Swimmers must be athlete members of USA Swimming and have met the time standard requirements. Coaches must be current coach members of USA Swimming and must display their coach membership cards on deck. Age is as of the first day of the meet, January 7, 2006. On deck USA Swimming registration will not be available for athletes or coaches.

QUALIFYING TIMES: **Please** see event listings. Swimmers must be equal to *or* slower than the qualifying time listed. Swimmers found to be faster than the qualifying time will be removed from the event prior to the meet. No refunds. Deck-entered swimmers will be fined \$25.00 per event if found to be ineligible for the event.

CONDUCT: The meet will be conducted according to the rules set forth in the current USA Swimming Rules and Regulations. Events will be contested in a 25-yard course. All events on Saturday and Sunday are timed finals. Heats will be seeded slowest to fastest. Heats may be limited in events 400 yards and over.

SEEDING & CHECK IN: Clerk of Course for AM session only. All relays (both sessions), 400 IM, and 500 freestyle will be deck seeded. All other events are pre-seeded. Check-in for deck seeded events will be at the check-in table located on deck. Swimmers entered in the 400 IM and/or 500 freestyle must check-in for those events no later than 30 minutes prior to the start of the session. Relay cards with swimmers names must be turned in by the announced deadline. Heat and lane assignments for pre-seeded events will be in the program and posted around the pool deck. Lane assignments for deck-seeded events will be posted around the pool deck. In accordance with 102.1.3. events may be seeded together but scored separately. The Lake Erie scratch rule (attached) will be in effect.

AWARDS: Individual Events: - ribbons for 1st through 8th place
Relay Events: ribbons for 1st through 8th place

ADMISSION COST: \$3.00 per person. Heat sheets: \$2.00 each.

RESULTS: Will be posted on Lakeerieswimming.com. Teams may request a backup at the conclusion of the meet.

SAFETY/WARM-UP: Lake Erie Swimming safety guidelines and warm-up procedures will be in effect at all times. Coaches must maintain contact with their swimmers during warm-up. All entry into the pool for warm-up is feet first from the starting block end of the pool. There is no diving during warm-up, except in designated sprint lanes. The final 20 minutes of warm-up shall be conducted as follows:

For an 8 lane pool:

- (a) Lanes 1 & 8 push/pace from the start end of the pool (or general warm-up at the discretion of the Meet Referee or his/her designee).
- (b) Lanes 2 & 7 sprint lanes for racing starts from the starting block end of the pool, one length only and exiting the pool
- (c) Lanes 3-6 general warm-up, no diving or racing starts. Any all of these lanes may be converted to sprint lanes at the discretion of the Meet Referee or his/her designee.

Swimmers are to sprint one way and climb out at the far end of the pool. Swimmers may be removed from warm-up for violating safety rules. The diving well will be open for warm-up and warm down during the meet.

COACHES: Packets will be available for coaches at the scoring table at the beginning of each day.

UNSUPERVISED SWIMMERS: Swimmers without coach supervision must contact the Meet Director or Meet Referee to be assigned to a coach on deck.

NOTE: Only athletes entered in the meet, working coaches, officials, and meet workers are allowed on deck. Other non-participants are expected to remain in the spectator area.

MEET DIRECTOR: Kevin Harrod kdog3@mindspring.com 216-381-9327

SAFETY DIRECTOR: Christine Fleig bcrfleig@comcast.net 440-871-0527

ENTRY PERSON: Walt Moran lrstentry@sbcglobal.net 216-521-4647

Emergency Information: Swimmers use exit doors behind the diving well. Spectators exit through lobby doors. Listen for instructions from the announcer, remain calm, and walk toward the nearest exit. Do not gather belongings, just leave.

2006 Jim Scullion Meet
SCHEDULE OF EVENTS
January 7, 2006
Saturday A.M.

8 & under: 7:30 AM-8:00 AM: 9-10: 8:00 AM-8: 30 AM, 8:40 meet start (Timed Finals)

Girls #	Cutoff Time Equal to or slower than	Age Group/Stroke	Cutoff Time Equal to or slower than	Boys #
1	1:36.90	8 & under 100 free	1:35.00	2
3	1:32.00	9-10 100 free	1:30.00	4
5		8 & under 25 fly		6
7	1:58.00	9-10 100 fly	1:56.00	8
9	43.00	8 & under 50 free	41.00	10
11	40.10	9-10 50 free	39.20	12
13	57.00	8 & under 50 breast	55.00	14
15	54.00	9-10 50 breast	53.90	16
17		8 & under 25 back		18
19	50.00	9-10 50 back	49.30	20
21	4:06.00	8 & under 200 IM	4:01.00	22
23	2:57.00	9-10 200 IM	2:46.00	24
25		10 & under 200 FR		26

January 7, 2006
Saturday P.M.

Afternoon warm-up will begin 15 minutes after the conclusion of the morning session.
 11-12 will warm-up for first 30 minutes: 13 & over will warm-up for the second 30 minutes.
 Meet will begin 10 minutes after the conclusion of the second warm-up session.
 Start times will be listed at www.lakeeriewimming.com after Wednesday, January 4, 2006.

Girls #	Cutoff Time Equal to or Slower than	Age Group/Stroke	Cutoff Time Equal to or Slower than	Boys #
27	2:37.00	13& over 200 free	2:27.00	28
29	2:44.00	11-12 200 free	2:40.00	30
31	3:07.00	11 & over 200 fly	3:05.00	32
33	1:28.00	11-12 100 fly	1:27.00	34
35	34.00	13 & over 50 free	32.00	36
37	35.00	11-12 50 free	34.00	38
39	1:31.00	13 & over 100 breast	1:25.00	40
41	1:37.00	11-12 100 breast	1:36.00	42
43	3:04.00	11 & over 200 back	3:00.00	44
45	40.00	11-12 50 back	39.80	46
47		11 & over 200 FR		48
49	6:35.00	11 & over 400 IM	6:28.00	50

2006 Jim Scullion Meet
SCHEDULE OF EVENTS
January 8, 2006
Sunday A.M.

8 & under: 7:30 AM-8:00 AM: 9-10: 8:00 AM-8: 30 AM, 8:40 meet start (Timed Finals)

Girls #	Cutoff Time Equal to or slower than	Age Group/Stroke	Cutoff Time Equal to or slower than	Boys #
51	3:36.00	8 & under 200 free	3:26.00	52
53	3:21.00	9-10 200 free	3:10.00	54
55	50.00	8 & under 50 fly	48.00	56
57	49.00	9-10 50 fly	48.00	58
59		8 & under 25 breast		60
61	2:00.00	9-10 100 breast	1:57.00	62
63	52.00	8 & under 50 back	51.00	64
65	1:46.00	9-10 100 back	1:44.00	66
67	1:51.00	8 & under 100 IM	1:47.00	68
69	1:46.00	9-10 100 IM	1:42.00	70
71		10 & under 200 MR		72

January 8, 2006
Sunday P.M.

Afternoon warm-up will begin 15 minutes after the conclusion of the morning session.
 11-12 will warm-up for first 30 minutes: 13 & over will warm-up for the second 30 minutes.
 Meet will begin 10 minutes after the conclusion of the second warm-up session.
 Start times will be listed at www.lakeerieswimming.com after Wednesday, January 4, 2006.

Girls #	Cutoff Time Equal to or slower than	Age Group/Stroke	Cutoff Time Equal to or slower than	Boys #
73	1:13.00	13 & over 100 free	1:08.00	74
75	1:14.00	11-12 100 free	1:13.30	76
77	1:20.00	13 & over 100 fly	1:14.00	78
79	39.00	11-12 50 fly	38.60	80
81	3:28.00	11 & over 200 breast	3:22.00	82
83	45.00	11-12 50 breast	44.60	84
85	1:21.00	13 & over 100 back	1:16.00	86
87	1:29.00	11-12 100 back	1:26.00	88
89	2:57.00	13 & over 200 IM	2:46.00	90
91	3:05.00	11-12 200 IM	3:04.00	92
93		11 & over 200 MR		94
95	7:11.00	11 & over 500 free	7:06.00	96

LAKE ERIE SWIMMING, INC.
INDIVIDUAL AND RELAY SCRATCH RULE

Each swimmer/relay team shall be aware of the meet starting time and shall report to the proper meet authorities promptly upon call.

- A. Pre-Seeded Meets - Each swimmer/relay team shall report promptly to the Clerk of Course prior to the race in which the swimmer/relay team is entered. Any swimmer/relay team not reporting for or competing in a timed final event or in a preliminary heat when finals are scheduled shall not be penalized.
- B. Events Seeded on the Deck –
- (1) Events seeded on the deck shall be closed for seeding no earlier than thirty (30) minutes prior to the start of the session. Host may provide alternate methods of check-in (such as email, phone, and/or fax) for swimmers who do not plan to arrive before the scratch deadline.
 - (2) Any swimmer who has checked in for an individual event 400 yards/meters or longer must swim in the event unless the swimmer notifies the Clerk of Course before the seeding of the event has begun that the swimmer wishes to scratch; failure to scratch prior to seeding and not swimming the event will result in a fine of \$25.00 to the swimmer, except as noted in "Exceptions for Failure to Compete" (below).
 - (3) Any agent of a team (coach, parent, swimmer, etc.) who checks in a swimmer for any event when that swimmer is not present at the meet may cause a fine of \$2.00 per swimmer per day to be levied against that team.
- C. Scratching from Consolation Finals and Finals
- (1) Any swimmer qualifying for a consolation final or final race in an individual event who fails to compete in said consolation final or final race shall be barred from further competition for the remainder of the meet, except as noted below in "Exceptions for Failure to Compete." If such failure to compete occurs on the swimmer's last day of the meet, the swimmer shall be fined twenty-five dollars (\$25.00) by LESI.
 - (2) In the event of withdrawal or barring of a swimmer from competition, the Referee shall fill the consolation final or final when possible with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.
 - (3) When consolation finals have not yet been swum and a barring or withdrawal is known to the Referee, the Referee shall re-seed the consolation final and the final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.
 - (4) If a consolation final has already been contested, the final shall be swum without reseeding for the empty lane(s).
- D. Exceptions for Failure to Compete - No penalty shall apply for failure to withdraw or compete in an individual event if
- (1) The Referee is notified in the event of illness or injury and accepts the proof thereof.
 - (2) A swimmer qualifying for a consolation final or final race following preliminaries notifies the Referee or designee within thirty (30) minutes after the announcement of the qualifiers for that race that the swimmer may not intend to compete. The swimmer must declare within thirty (30) minutes following his last individual preliminary event a final intention to scratch or swim.
 - (3) The Referee determines that failure to compete is caused by circumstances beyond the control of the swimmer.
 - (4) It is determined by the Referee that there were no alternates for the consolation final or final race in which the swimmer failed to compete, and that the swimmer's failure to compete did not affect any other swimmer's ability to compete in the consolation final or final race.

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MEET ENTRY SUMMARY PAGE

Team Name: _____ Team Code: _____ LSC Code: _____

Contact Person: _____ Phone: _____ Email _____

Address: _____ City: _____ State: _____ Zip _____

_____ (Total # of swimmers) X \$2.00 (LESI Surcharge) = \$ _____

_____ (Total # of individual events) X \$3.00/event = \$ _____

_____ (Total # of relay events) X \$7.00/relay entry = \$ _____

_____ (Total # of swimmers) X \$1.00 (handling fee if entry not on disk) = \$ _____

TOTAL AMOUNT REMITTED: \$ _____

Swimmers will be without a coach on deck: Sat. am, Sat. p.m., Sun. am, Sun p.m.

I have arranged for my swimmer/s to be supervised by _____.

I VERIFY THAT EVERY SWIMMER LISTED ON THE ENCLOSED ENTRY FORM IS A REGISTERED ATHLETE MEMBER OF USA SWIMMING AND THAT EVERY COACH REPRESENTING OUR TEAM AT THIS MEET WILL BE A CURRENT COACH MEMBER OF USA SWIMMING.

SIGNED: _____ (coach or member team representative). DATE: _____

Make checks payable **Lakewood Board of Education**. **Please note:** All entries submitted with this sheet should be covered by a single check. **DEADLINE FOR RECEIPT IS Wednesday, December 28, 2005.** This sheet must accompany all entries including HY-TEK Meet Manager disk entries, hard copy & check.

Mail to: **Walt Moran 1059 Abbieshire Ave., Lakewood, Oh. 44107**